



*Part of the Mohawk Trail  
Regional School System.*

Breakfast served  
everyday.  
Salad Bar Option  
Available

**Jennifer Shaw  
Cafe Manager  
Jess Torrey  
Café Assistant**

Apply for free/reduced  
priced meals at any time.

Phone: 413-625-2521  
Fax: 413-625-2034

Although we strive to  
provide exactly what is  
on our printed menus  
they are subject to  
change due to  
supply shortages or  
other unforeseeable  
events. Thank you for  
your  
Understanding

The USDA and this  
institution are equal  
opportunity providers  
and  
employers



**5 Breadsticks**  
Marinara Sauce  
Broccoli  
Fruit  
Milk

**6 Chicken Patty  
Sandwich**  
Fries  
Peas  
Fruit  
Milk

**7 Grilled Cheese  
Sandwich**  
Tomato Soup  
Carrots & Celery  
Hummus  
Fruit  
Milk  
**Release 1:50**

**1 Turkey  
Sandwich**  
Cheese, Lettuce & Tomato  
Three Bean Salad  
Fruit  
Milk

**2 Hot Dogs**  
WG Bun  
Baked Beans  
Carrot and Celery  
Fruit  
Milk

**8 Hamburger**  
Cheese, Lettuce & Tomato  
Fries  
Fruit  
Milk

**9 Bologna  
Sandwich**  
Baked Chips  
Three Bean Salad  
Fruit  
Milk

**12 Spaghetti  
W/ Meat Sauce**  
WG Roll  
Garden Side Salad  
Fruit  
Milk

**13 Soft Taco**  
WG Tortilla  
Cheese, Lettuce & Tomato  
Refried Beans  
Fruit  
Milk

**14 Ham & Cheese**  
Lettuce & Tomato  
Baked Chips  
Carrots & Celery  
Fruit  
Milk  
**Release 1:50**

**15 Mac N Cheese**  
WG Roll  
Green Beans  
Fruit  
Milk

**16 Cheese Pizza**  
Garden Side Salad  
Fruit  
Milk

**19 Baked Ham**  
WG Roll  
Mashed Potato  
Green Beans  
Fruit  
Milk

**20 Turkey  
Sandwich**  
Cheese, Lettuce & Tomato  
Three Bean Salad  
Fruit  
Milk

**21 Fish Nuggets**  
Fries  
Corn  
Fruit  
Milk

**22 Ham & Cheese  
Sandwich**  
Lettuce & Tomato  
Baked Chips  
Carrots w/ Hummus  
Fruit  
Milk

**22 Sun Butter Jelly  
Sandwich**  
Baked Chips  
Carrots & Celery  
Fruit  
Milk  
**Release 12:30  
No Salad Bar**

**Winter Vacation  
December 24 thru January 2**