



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.
Salad Bar Option
Available

**Jennifer Shaw
Cafe Manager
Heather Mack
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers



2 Breadsticks

Marinara Sauce
Broccoli
Fruit
Milk

3 Chicken Patty Sandwich

Fries
Peas
Fruit
Milk

4 Grilled Cheese Sandwich

Tomato Soup
Carrots & Celery
Hummus
Fruit
Milk

Release 1:50

5 Hamburger

Cheese, Lettuce & Tomato
Fries
Fruit
Milk

6 Bologna Sandwich

Baked Chips
Three Bean Salad
Fruit
Milk

9 Chicken Nuggets

WG Roll
Fries
Carrots
Fruit
Milk

No Salad Bar

10 Spaghetti W/ Meat Sauce

WG Roll
Garden Side Salad
Fruit
Milk

11 Ham & Cheese

Lettuce & Tomato
Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

Release 1:50

12 Mac N Cheese

WG Roll
Broccoli
Fruit
Milk

13 Cheese Pizza

Garden Side Salad
Fruit
Milk

16 Baked Ham

WG Roll
Mashed Potato
Green Beans
Fruit
Milk

17 Soft Taco

WG Tortilla
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

18 Fish Sticks

WG Roll
Fries
Corn
Fruit
Milk

19 Turkey Sandwich

Cheese, Lettuce & Tomato
Three Bean Salad
Fruit
Milk

20 Sun Butter Jelly Sandwich

Baked Chips
Carrots & Celery
Fruit
Milk

No Salad Bar

Winter Vacation December 23 thru January 1