

January 2023



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.
Salad Bar Option
Available

**Jennifer Shaw
Cafe Manager
Jess Torrey
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

<p>2</p> <p><i>No School</i></p>	<p>3 Chicken Nuggets</p> <p>Fries Carrots Fruit Milk</p> <p><i>No Salad Bar</i></p>	<p>4 Turkey Sandwich</p> <p>Cheese, Lettuce & Tomato Three Bean Salad Fruit Milk</p> <p><i>No Salad Bar</i></p>	<p>5 Cheese Pizza</p> <p>Broccoli Fruit Milk</p> <p><i>No Salad Bar</i></p>	<p>6 Hot Dogs</p> <p>WG Bun Baked Beans Carrot and Celery Fruit Milk</p>
<p>9 Ham & Cheese</p> <p>Lettuce & Tomato Baked Chips Carrots & Celery Fruit Milk</p>	<p>10 Chicken Patty Sandwich</p> <p>Fries Peas Fruit Milk</p>	<p>11 Bologna Sandwich</p> <p>Baked Chips Carrots & Celery Fruit Milk</p> <p><i>Release 1:50</i></p>	<p>12 Hamburger</p> <p>Cheese, Lettuce & Tomato Fries Fruit Milk</p>	<p>13 Grilled Cheese Sandwich</p> <p>Tomato Soup Carrots & Celery Hummus Fruit Milk</p>
<p>16</p> <p><i>No School</i></p> <p>Martin Luther King Day</p>	<p>17 Spaghetti W/ Meat Sauce</p> <p>WG Roll Garden Side Salad Fruit Milk</p>	<p>18 Ham & Cheese Sandwich</p> <p>Lettuce & Tomato Three Bean Salad Fruit Milk</p>	<p>19 Nachos</p> <p>WG Chips Cheese, Lettuce & Tomato Refried Beans Fruit Milk</p>	<p>20 Turkey Gravy</p> <p>WG Roll Mashed Potato Green Beans Fruit Milk</p>
<p>23 Breadsticks</p> <p>Marinara Sauce Broccoli Fruit Milk</p>	<p>24 Soft Taco</p> <p>WG Tortilla Cheese, Lettuce & Tomato Refried Beans Fruit Milk</p>	<p>25 Turkey Sandwich</p> <p>Baked Chips Three Bean Salad Fruit Milk</p> <p><i>Release 1:50</i></p>	<p>26 Mac N Cheese</p> <p>WG Roll Green Beans Fruit Milk</p>	<p>27 Meatball Sub</p> <p>Baked Chips Carrots & Celery Fruit Milk</p>
<p>30 Chicken Patty Sandwich</p> <p>Fries Carrots & Celery Hummus Fruit Milk</p>				

