



Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>Sweet &amp; Sour Chicken* &amp; Fried Rice Salad Bar Milk &amp; Fruit</p>	<p>6</p> <p>Walking tacos* Salad Bar Milk &amp; Fruit</p>	<p>7</p> <p>BBQ Chicken* &amp; Baked Potato Salad Bar Milk &amp; Fruit</p>	<p>1</p> <p>Ranch Chicken Wraps* &amp; Chips Salad Bar Milk &amp; Fruit</p>	<p>2</p> <p>Fish Nuggets &amp; Fries Salad Bar Milk &amp; Fruit</p>
<p>12</p> <p>Cheeseburger Grinders Salad Bar Milk &amp; Fruit</p>	<p>13</p> <p>Fajitas* Salad Bar Milk &amp; Fruit</p>	<p>14</p> <p>1:50 Release Turkey Wraps &amp; Chips Salad Bar Milk &amp; Fruit</p>	<p>8</p> <p>Turkey Melt* Salad Bar Milk &amp; Fruit</p>	<p>9</p> <p>Hot Dogs &amp; Chili Salad Bar Milk &amp; Fruit</p>
<p>19</p> <p>No School "Juneteenth"</p>	<p>20</p> <p>Quesadillas* &amp; Spanish Rice Salad Bar Milk &amp; Fruit</p>	<p>21</p> <p>12:30 Dismissal Cheeseburger &amp; Fries Salad Bar Milk &amp; Fruit</p>	<p>15</p> <p>Grilled Chicken* Salad Bar Milk &amp; Fruit</p>	<p>16</p> <p>Popcorn chicken Salad Bar Milk &amp; Fruit</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>22</p> <p>12:30 Dismissal Last day of school! Chef's Choice Buffet Salad Bar Milk &amp; Fruit</p>	<p>23</p>
<p>29</p>	<p>30</p>			

All school lunches and Breakfast may contain Gluten & Dairy!  
 Meals marked with (\*) have a Gluten Free & Dairy Free option available upon request the day of meal.  
 Salad Bar has Gluten and Dairy free options daily.  
 Contact kitchen staff @ [Knevins@mtrsd.org](mailto:Knevins@mtrsd.org)