



MAIN MEAL

# SEPTEMBER 2024

## MOHAWK TRAIL REGIONAL SCHOOL

THIS INSTITUTION IS AN  
EQUAL  
OPPORTUNITY PROVIDER

### Monday

**2**  
NO SCHOOL

**9**  
Crispy Chicken on Bun  
Italian Pasta Salad  
Chips  
Fruit & Milk

**16**  
Breakfast for Lunch  
French Toast  
Sausage Patty  
Fruit & Milk

**23**  
Grilled Chicken on Bun  
Lettuce, Tomato,  
Veggie Sticks, Chips  
Fruit & Milk

**30**  
Chicken Fajita  
Rice, Peppers & Onions  
Fruit & Milk

### Tuesday

**3**  
Hamburger on Bun  
Doritos, Peas  
Fruit  
Milk

**10**  
Sloppy Joe on Bun  
Fries, Corn  
Fruit  
Milk

**17**  
BBQ Chicken Wrap  
Mac Salad  
Peas/Carrots  
Fruit & Milk

**24**  
Spaghetti w/ Meatsauce  
Green Salad, Dinner Roll  
Fruit  
Milk

### Wednesday

**4**  
Chicken & Gravy  
Mashed Potato  
Carrots  
Fruit & Milk

**11**  
Chop Suey  
Green Salad  
Fruit & Milk

**18**  
12:50 RELEASE  
Turkey Sub  
Chips, Veggie Sticks  
Fruit & Milk

**25**  
12:50 RELEASE  
Fish Patty on Bun  
Fries, Peas  
Fruit & Milk

### Thursday

**5**  
Ham & Cheese Bagel Melt  
Veggie Sticks, Chips  
Fruit  
Milk

**12**  
Pulled Pork Sliders  
Coleslaw  
Fruit & Milk

**19**  
Baked Stuffed Potato  
Chili, Cheese  
Broccoli  
Fruit & Milk

**26**  
Shepherd's Pie  
Green Beans  
Fruit & Milk

### Friday

**6**  
Soft Tacos  
Lettuce, Tomato  
Cheese, Salsa, Corn  
Fruit & Milk

**13**  
Sausage Grinder  
Onions & Peppers  
Chips  
Fruit & Milk

**20**  
Meatball Grinder  
Chips, Green Beans  
Fruit  
Milk

**27**  
Pepperoni Pizza  
Cucumber Salad  
Fruit & Milk

CAFETERIA STAFF: DEBBIE PLANTE, TAMMY WHEELER, KAREN HERZIG, COLLEEN WORDEN

MENU IS SUBJECT TO CHANGE. A VARIETY OF MILK IS OFFERED EACH DAY.

