

**Hawlemont
Regional School**

Lunch



May 2023



*Part of the Mohawk Trail
Regional School System*

*Breakfast served everyday.
We offer Peanut Butter and
Jelly on Wheat Bread or
American Cheese on Wheat
Bread as Alternative to the
Hot Meal. We offer a full
salad bar as part of our
lunch everyday*

Café Manager-
Rachel Gammell
Café Assistant
Heather Lengieza

**Apply for free/reduced
priced meals at any time.
Inquire in the office**

Hawlemont Main Office-
413-339-8316
Hawlemont Fax-
339-5760

*Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your understanding*

The USDA and the
MDESE are equal oppor-
tunity providers and
employers.

Food Service Director:
Tammy Coombs
tcoombs@mohawkschools.org

Mon	Tue	Wed	Thu	Fri
1 Pulled Pork Sandwich Coleslaw Fruit & Milk	2 Chicken Nuggets Fries Fruit & Milk	3 Pizza Broccoli Fruit & Milk	4 Pancake Sausage Veggie Box Fruit & Milk	5 Hawaiian Chicken Rice Carrots Fruit & Milk
		1:50 Release		 Plant Sale
8 Walking Taco Fruit & Milk	9 Mac & Cheese Broccoli Fruit & Milk	10 Yogurt Parfait Granola Veggie Box Fruit & Milk	11 Swedish Meatballs Pasta Green Beans Fruit & Milk	12 Hot Dog Baked Beans Fruit & Milk
		1:50 Release		
15 Cheeseburger Fries Fruit & Milk	16 Waffle Sausage Veggie Sticks Fruit & Milk	17 Pizza Broccoli Fruit & Milk	18 Mexican Lasagna Corn Fruit & Milk	19 Chef Salad Roll Fruit & Milk
		1:50 Release		
22 Salisbury Steak Mashed Potato Peas & Roll Fruit & Milk	23 Turkey Sandwich Chips Cucumber Sticks Fruit & Milk	24 Grilled Cheese Fruit & Milk	25 Shepherds Pie Corn & Roll Fruit & Milk	26 Pizza Broccoli Fruit & Milk
		1:50 Release		
29 NO SCHOOL	30 French Toast Sticks Sausage Hash Brown Fruit & Milk	31 Chicken Alfredo Broccoli Fruit & Milk	1 Walking Gyro Fruit & Milk	2 Sloppy Joe Carrots Fruit & Milk



Menu may change due to staff shortages. We will let you know as soon as we can if it happens. Thank you. Hawlemont Café.

