



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.

Salad Bar Lunch
Option Available

**Jennifer Shaw
Cafe Manager
Jess Torrey
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

	<p>1 No School <i>Professional Development</i></p>	<p>2 Chicken Fajita WG Tortilla Peppers and Onions Cheese, Salsa & Sour Cream Refried Beans Fruit Milk</p>	<p>3 Chicken Patty Sandwich Fries Carrots & Celery Fruit Milk Release 12:30 No Salad Bar</p>	<p>4 Baked Spaghetti WG Roll Garden Side Salad Fruit Milk Release 12:30 No Salad Bar</p>
	<p>7 Hot Dogs WG Bun Baked Beans Carrot and Celery Fruit Milk</p>	<p>8 Soft Taco WG Tortilla Cheese, Lettuce & Tomato Refried Beans Fruit Milk</p>	<p>9 Ham & Cheese Lettuce & Tomato Baked Chips Carrots & Celery Fruit Milk</p>	<p>10 Cheese Pizza Garden Side Salad Fruit Milk</p> <p>11 No School <i>Veterans Day</i></p>
<p>14 Hamburger Cheese, Lettuce & Tomato Fries Fruit Milk</p>	<p>15 Chicken Nuggets Mashed Potatoes Corn Fruit Milk</p>	<p>16 Turkey Sandwich Cheese, Lettuce & Tomato Three Bean Salad Fruit Milk Release 1:50</p>	<p>17 Meatball Sub Baked Chips Carrots & Celery Fruit Milk</p>	<p>18 Grilled Cheese Sandwich Tomato Soup Carrots & Celery Hummus Fruit Milk No Salad Bar</p>
<p>21 Turkey Gravy WG Roll Mashed Potato Green Beans Fruit Milk</p>	<p>22 Spaghetti W/ Meat Sauce WG Roll Garden Side Salad Fruit Milk</p>	<p>23 Ham & Cheese Lettuce & Tomato Baked Chips Carrots & Celery Hummus Fruit Milk Release 12:30 No Salad Bar</p>	<p>24 No School <i>Thanksgiving Day</i></p>	<p>25 No School</p>
<p>28 Sun Butter Jelly Sandwich Baked Chips Carrots & Celery Fruit Milk No Salad Bar</p>	<p>29 Mac N Cheese WG Roll Green Beans Fruit Milk No Salad Bar</p>	<p>30 Nachos WG Chips Cheese, Lettuce & Tomato Refried Beans Fruit Milk</p>		