

# September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	3
				spaghetti tomato sauce whole wheat roll veggie fruit/milk	chicken with gravy mashed potato veggie fruit/milk		
	4	5	6	7	8	9	10
	<b>NO SCHOOL</b>	Mac & cheese veggie fruit/milk	hot turkey with gravy on mashed potato cranberry sauce veggie fruit/milk	meatball grinder tomato sauce chips fruit/milk	homemade chicken noodle soup cornbread fruit/milk		
	11	12	13	14	15	16	17
	chicken patty sandwich whole wheat roll veggie fruit/milk	popcorn chicken fries veggie fruit/milk	cheese ravioli tomato sauce veggie fruit/milk	sloppy Joes whole wheat bun cheese veggie fruit/milk	tomato soup grilled cheese fruit/milk		
	18	19	20	21	22	23	24
	pulled pork whole wheat roll chips veggie fruit/milk	soft taco chicken or beef beans, cheese, lettuce veggie fruit/milk	Swedish meatballs on rice veggie fruit/milk  1:50 dismissal	homemade lunchable ham, pepperoni, cheese hard boil egg veggie fruit/milk	cheese pizza salad fruit/milk		
	25	26	27	28	29	30	
	hot dog whole wheat roll chips veggie fruit/milk	shepard's pie hamburg, corn, mashed potato gravy cranberry sauce fruit/milk	breakfast for lunch pancakes sausage fruit/milk  1:50 dismissal	baked ziti cheese tomato sauce roll fruit/milk	bagel, egg, cheese sandwich veggie fruit/milk		