

Lunch

September 2023



*Part of the Mohawk Trail
Regional School System*

*Breakfast served everyday.
We offer Peanut Butter and
Jelly on Wheat Bread or
American Cheese on Wheat
Bread as Alternative to the
Hot Meal. We offer a full
salad bar as part of our
lunch everyday*

**Café Manager-
Rachel Gammell
Café Assistant
Heather Lengieza**


**Apply for free/reduced
priced meals at any time.
Inquire in the office**

**Hawlemont Main Office-
413-339-8316
Hawlemont Fax-
339-5760**

*Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your understanding*

The USDA and the
MDESE are equal oppor-
tunity providers and
employers.

Food Service Director:
Tammy Coombs
tcoombs@mohawkschools.org

Mon	Tue	Wed	Thu	Fri
28 	29	30  Cheeseburger French Fries Fruit & Milk <i>12:30 Release</i>	31 Turkey Sandwich Cucumber Sticks Chips Fruit & Milk <i>12:30 Release</i>	1 Yogurt Parfait Granola Veggie Box Fruit & Milk <i>12:30 Release</i>
4 NO SCHOOL 	5 National Cheese Pizza Day Broccoli Fruit & Milk 	6 Walking Taco Fruit & Milk	7 French Toast Sticks Sausage Tots Fruit & Milk	8 Chicken Pot Pie Peas & Carrots Fruit & Milk
11 KFC Bowl Corn Biscuit Fruit & Milk	12 McRib Sandwich French Fries Fruit & Milk	13 Fortune Cookie Day Chicken lo Mein Broccoli Fruit & Milk 	14 Goulash Green Beans Fruit & Milk	15 Hot Dog Baked Beans Carrot Sticks Fruit & Milk
18 National Cheeseburger Day Roast Chick Peas Broccoli Salad Fruit & Milk 	19 Baked Chicken Mashed Potato Roll & Peas Fruit & Milk	20 National Pepperoni Pizza Day Carrots Fruit & Milk  <i>1:50 Release</i>	21 Pancake Sausage Hash Brown Fruit & Milk	22 Swedish Meatballs Pasta Green Beans Fruit & Milk
25 Turkey Stuffing Rollup Carrots Fruit & Milk	26 Johnny Appleseed Day Pork Sandwich Oven Potato & Peas Fruit & Milk 	27 Chicken Parmesan Pasta Green Beans Fruit & Milk  <i>Menu may change due to staff shortages. We will let you know as soon as we can if it happens. Thank you. Hawlemont Café.</i> <i>1:50 Release</i>	28 Sloppy Joe Broccoli Fruit & Milk	29 Chicken Nuggets Rice Bean Salad Fruit & Milk 